



LINCOLN PHYSICAL THERAPY
— AND SPORTS REHAB, LLC —
NEBRASKA OCCUPATIONAL
— HEALTH CENTER —

In order to best expedite the screening process, you need to provide a written medical release to Nebraska Occupational Health Center if you have had any of the following:

- 1. Motor vehicle accident within the last 6 months when treatment was sought and/or have continuing problems from the accident.**
- 2. Past medical history of having a spinal fusion (neck or back).**
- 3. Recent surgeries less than 6 weeks ago (IE: hernia, C-section).**
- 4. History of worker's compensation injury/claim-past or current.**
- 5. Current pregnancy.**
- 6. Orthopedic surgeries within the last 10 years (including but not limited to: rotator cuff repair, labral repair, total shoulder, total hip, total knee, wrist fusion, elbow surgery, carpal tunnel surgery, amputations).**
- 7. Currently suffering from low back pain or pain radiating down your leg from low back pain.**
- 8. Impairment ratings that include: permanent restrictions/limitations. In addition, any restrictions outlined in a Functional Capacity Evaluation (FCE).**

If you are on blood pressure medication, please make sure you are currently taking the prescribed dose. Also, make sure to wear comfortable clothing and tennis shoes.

Thank you for your cooperation!

